

Living the Story You Want To Tell: Indigenous Evaluation & Storytelling

A session for inspiration, reflection, and connection

Allyson Kelley, DrPH Bethany Fatupaito, MPH Christie Farmer, BSW

AKA

Allyson Kelley & Associates, PLLC.

# Topics of Discussion



Conceptualizing storytelling with Indigenous evaluation



Applying Indigenous values to individual and collective experiences



Sharing stories for transformation, growth, and equity

# Learning Objectives

Describe what Indigenous evaluation and storytelling looks like

Describe the importance of Indigenous evaluation values and approaches to elevate equity

Discuss the participatory process of collecting information for stories

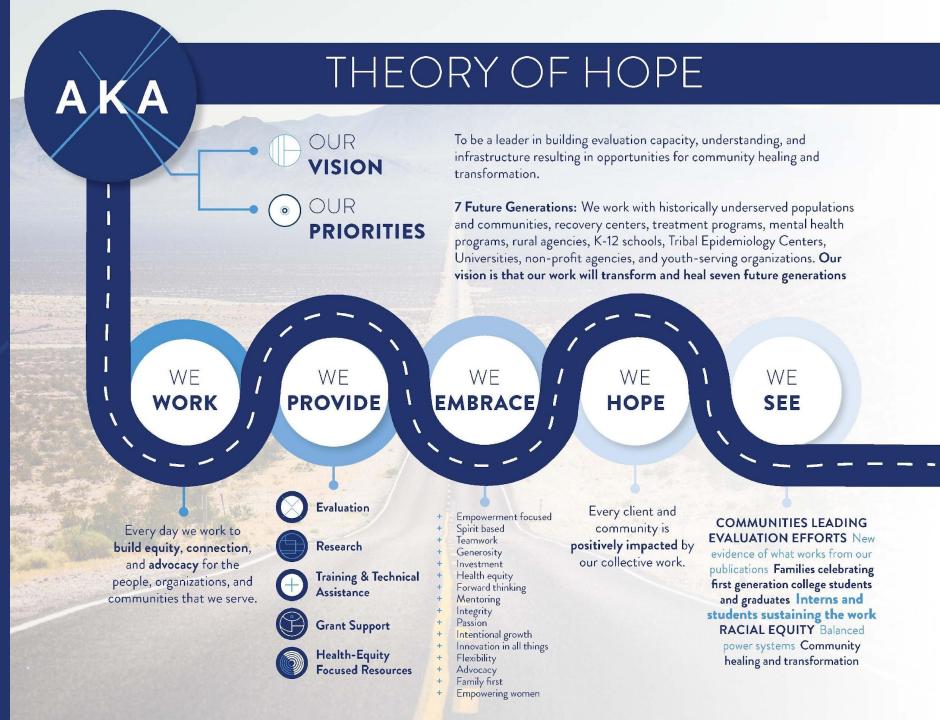
Explain the process of sharing stories

Discuss the implications of Indigenous storytelling in evaluation

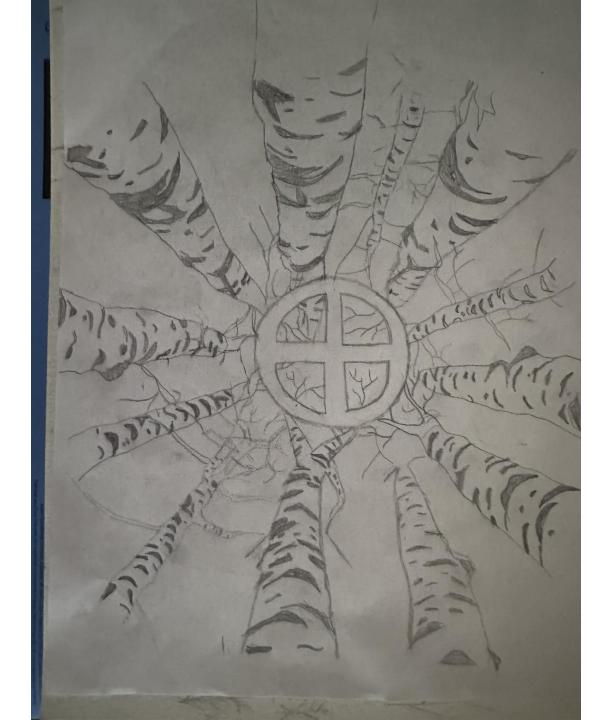
# Some of Our Clients



#### Our Values & Theory of Hope – A visual logic model



Napi Story by Christie Farmer, Blackfeet







How do you define Indigenous Storytelling?

# Did you know...

#### 27,000 Years of Stories



Sioux (1822-1907) battle participant, Records details- trooper's uniforms, location of wounds of horses, distribution of Indian and white casualties

#### **Brain on Stories**

Hear story, Brain Activity Increase

We think in stories

Brains synchronize with person telling story and listener Frontal cortex gets bored with overused words- get creative

## Words Matter

#### **Indigenous Evaluation**

- A method of evaluation based on Indigenous ways of knowing, being, feeling, and doing
- A subjective experience, it cannot be standardized
- Learning from thoughtful reflection and assessment – values are central to the mission.

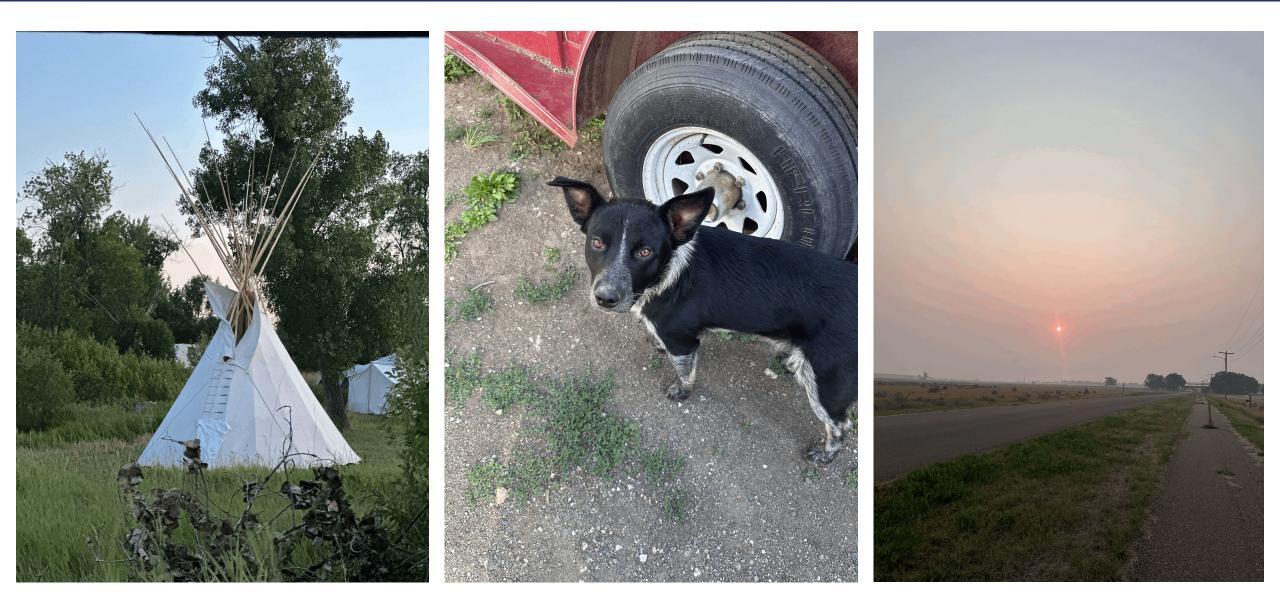
#### Storytelling

- " In oral traditions such as ours, telling stories is how we pass on the history and the teachings of our ancestors." - Hanna & Hentry, 1995, p. 201
- o Mythical, Personal, or Sacred

# People...



## Place



# **Beginning the Journey**

#### 01 Prior to Colonization

American Indian families saw themselves as functioning units.

02 Grandfamilies

Extended family units

- 03 Disruptions of family today
  - 04 American Indian Maternal Mortality

- 8% of children lives in households headed by their grandparents
- American Indian women are 2-3 x more likely to die of pregnancy or birth complications than non-Hispanic White Women



# Grief and Loss

Each Tribe has their own cultural response and ritual when loss occurs.

#### **Indigenous Methodologies**



**Two-Eyed Seeing** Knowledge is co-created and responsive to cultural context

#### **Dialogical Approach** Questions guided by conversation and

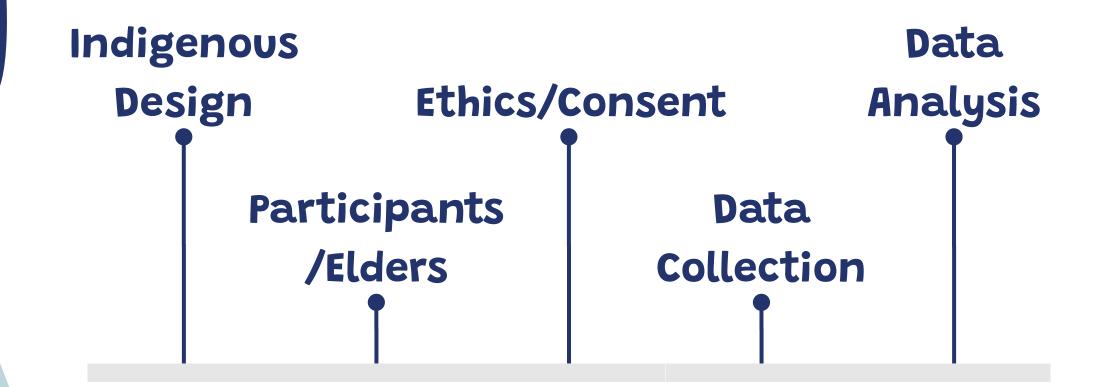
Questions guided by conversation and dialogue, "We are still learning" - D Ertz



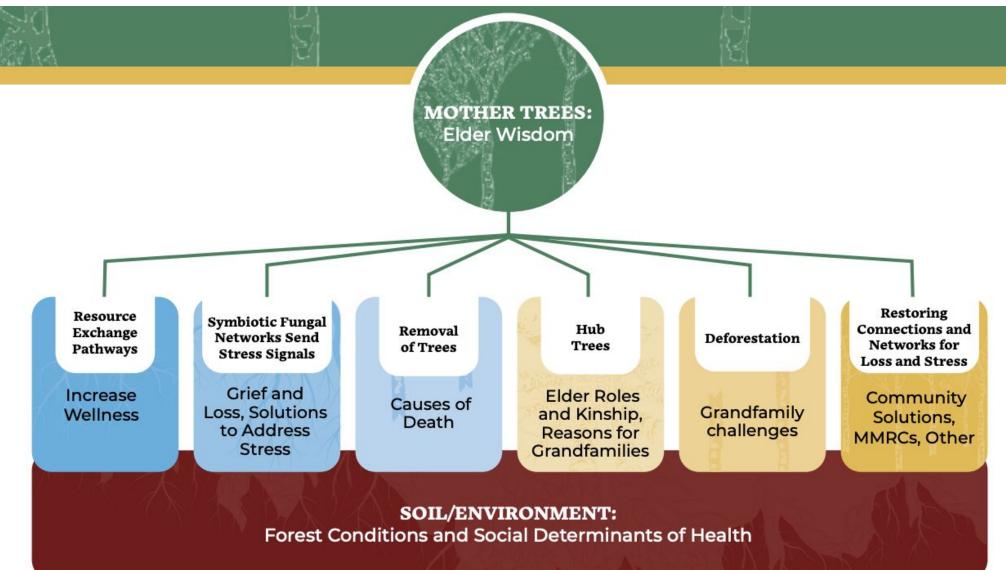
#### Seven Grandfathers' Teachings

Humility, courage, honesty, wisdom, respect, truth, and love

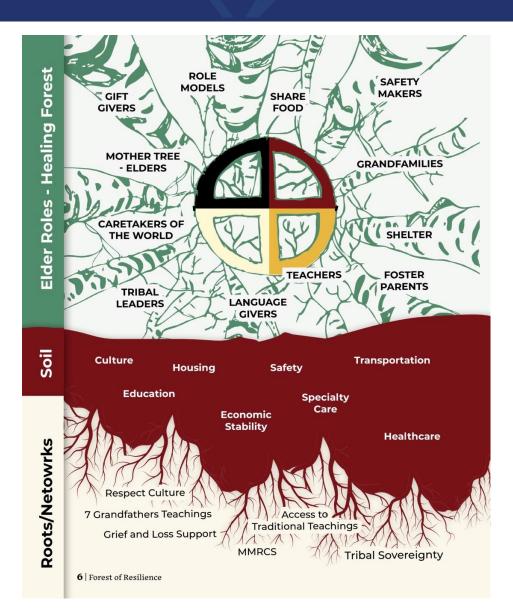
#### **METHODS**



#### RESULTS



#### Forest of Resilience Story





#### Background

If you were asked to share one story with the world, what would it be?

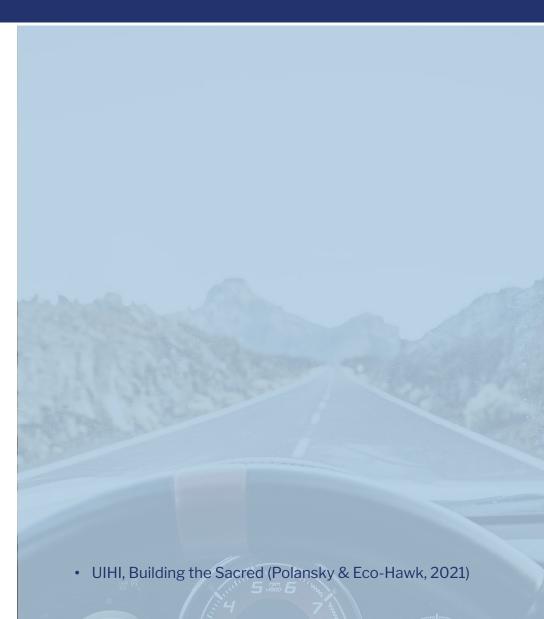
Would you offer encouragement, advice from your grandmother, or a program evaluation summary about your work?

Indigenous evaluation is storytelling. It is subjective, creative, reflective, and moving in space and time.

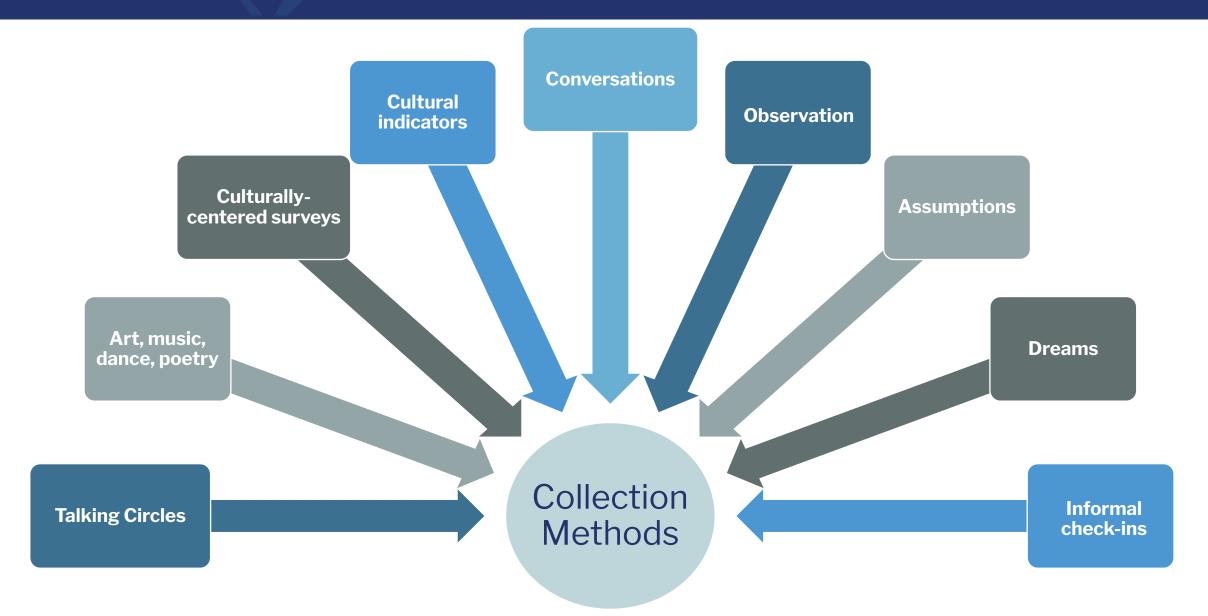
- UIHI, Building the Sacred (Polansky & Eco-Hawk, 2021)
- Reframing Evaluation: Defining an Indigenous Evaluation Framework (LaFrance & Nichols, 2010)
- Medicine Wheel Teachings, Balance, Recovery (Kelley et.al., 2015)
- Evaluation in Rural Communities (Kelley, 2018)

# **Core Indigenous Evaluation Values**

- Community is created wherever Indigenous people are- Walking with relatives to share stories, collect stories, see stories, respond to stories.
- Resilient and strengths based-Encouragement, confidence, happiness, life skills.
- Decolonizes data- Data collected with the intent to heal.
- Centering of the community- Adaptation, flexibility, community inclusion in evaluation.



#### Indigenous Data Collection Methods



## **Guiding Questions**

What are some methods used in Indigenous Evaluation?

#### How do we create stories from evaluations?

#### **Reflections for Stories**

How does your program engage in evaluation?

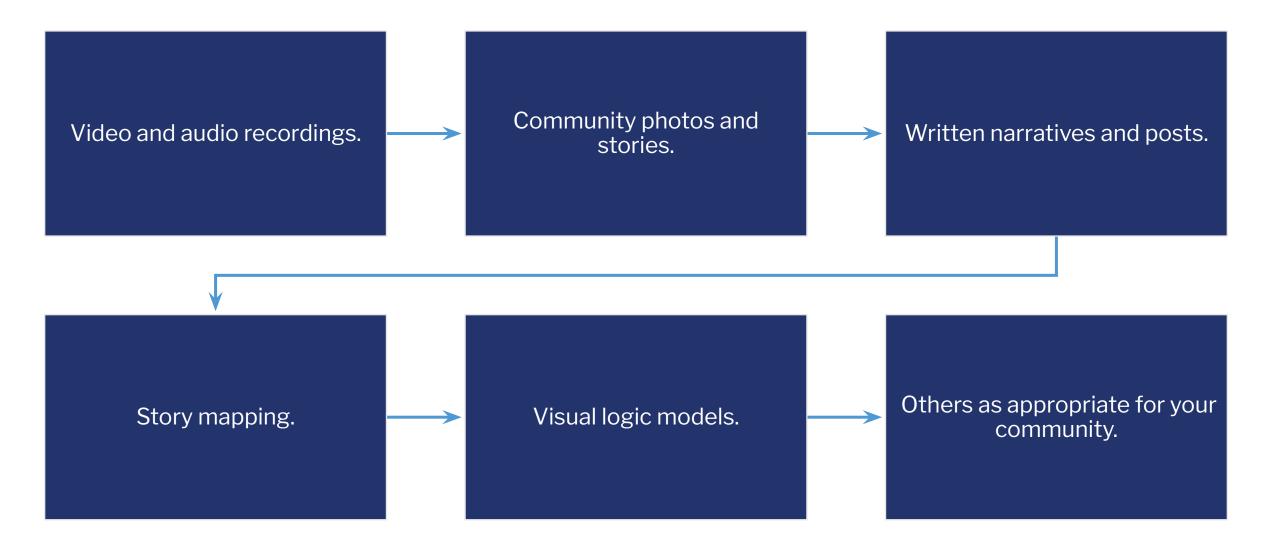
Does your work reflect an Indigenous theory?

How do you decolonize spaces and programs?

How does evaluation help you tell your story?

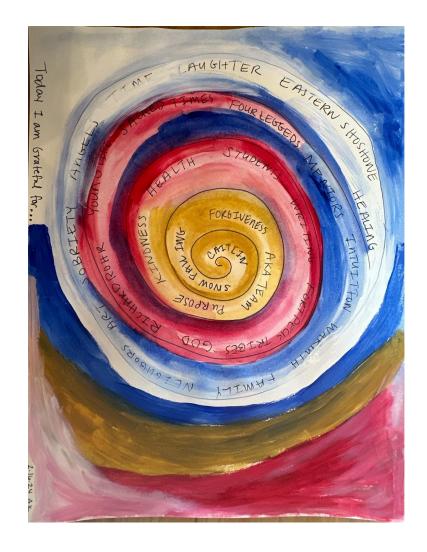
What stories can you tell us today?

#### How do we share stories?

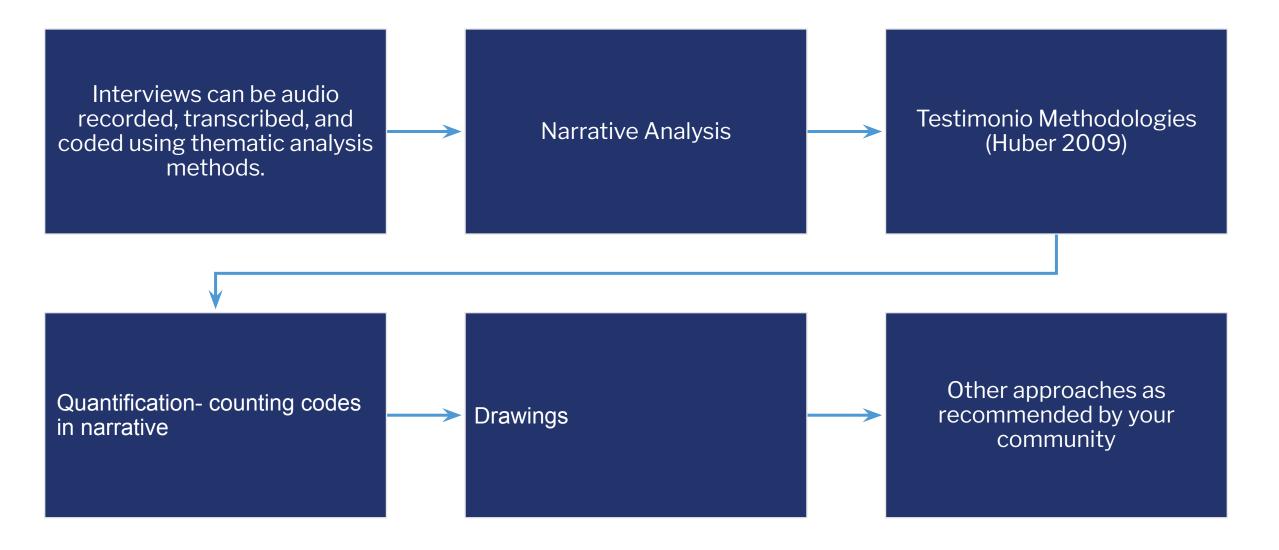


# **Stories from Drawings**





# Do we need to analyze stories? It depends



#### Experiences: The story that observers see and feel

- **Experiences** create memories.
- Memories connect us to our purpose.
- Stories are a collection of experiences, memories, and purpose that give us understanding of what is happening and what is needed for the future.

#### Connection.

It's in the connection with people. So I think the connection is the biggest thing that we need to work on and work on showing up in spirit form so we can connect with one another. Spirits before we connect with the evaluation materials the task at hand.

## Implications for Indigenous Evaluation & Storytelling

Gives meaning and purpose to evaluation Encourages equity, Encourages satisfaction, and gratitude and connection generosity Uplifts values like **Promotes creativity** integrity, honesty, and innovation accountability, and respect Honors people for who they are as spiritual beings, not just what they do

#### A Story for Your Journey Ahead



## **Final Message on Stories**

Stories created through Indigenous Evaluation have the potential to improve the health and well-being of current and future generations.

Stories are what we tell ourselves. What we remember about our lived experiences. What we take with us for our journeys. Cultural values, lived experiences, and connections cultivate meaning and future stories that teach us how to live.

We are storytellers. We are thinkers. We are survivors. We want our lives to have meaning and honor. We want to show others our sacredness. We can do this through Indigenous Storytelling. There are many paths and there is no wrong way to tell your story.

# THANK YOU!

#### Scan to view more info about Indigenous Evaluations

#### https://rb.gy/3xr7qq





Allyson Kelley & Associates, PLLC.

#### For more information contact us at:

Allyson Kelley: <u>ak@allysonkelleypllc.com</u> Bethany Fatupaito: <u>bfatupaito@allysonkelleypllc.com</u> Christie Farmer: <u>christie.f@bfcc.edu</u>

#### References

Hanna, D. & Henry, M. (1995). Our Telling: Interior Salish stories of the NIha7kapmx people. UBC Press.

Huber, L. P. (2009). Disrupting apartheid of knowledge: *testimonio* as methodology in Latina/o critical race research in education. *International Journal of Qualitative Studies in Education*, 22(6), 639–654. https://doi.org/10.1080/09518390903333863

Kelley, A., Snell, B., & Bingham, D. (2015). Peer recovery support in American Indian communities: A qualitative intrinsic case-study approach. *Journal of Groups in Addiction & Recovery*, 10(3), 271-286.

Kelley, A (2018). Evaluation in Rural Communities

Polansky & Eco-Hawk (2021). UIHI, Building the Sacred. Available from: <u>https://www.uihi.org/resources/building-the-sacred-an-indigenous-evaluation-framework-for-programs-serving-native-survivors-of-viol ence/</u>

Sioux Photo- Red Horse (Minneconjou Lakota Sioux, 1822-1907), Untitled from the Red Horse Pictographic Account of the Battle of the Little Bighorn, 1881. Graphite, colored pencil, and ink. NAA MS 2367A\_08570700. National Anthropological Archives, Smithsonian Institution <a href="https://news.stanford.edu/features/2016/red-horse/">https://news.stanford.edu/features/2016/red-horse/</a>

UCLA Mapping Indigenous LA (2024). Our Story Maps. Available from: <u>https://mila.ss.ucla.edu/story-maps/</u>

Wildrich, L. (2012). The Science of Storytelling: What Listening to a Story Does to Our Brains. Buffer. Available from: <a href="https://buffer.com/resources/science-of-storytelling-why-telling-a-story-is-the-most-powerful-way-to-activate-our-brains/">https://buffer.com/resources/science-of-storytelling-why-telling-a-story-is-the-most-powerful-way-to-activate-our-brains/</a>

# **Critical Considerations for Storytelling**

Involve protocols and practices for mutuality, power sharing, and reciprocity

**Decolonize evaluation approaches** 

**Engagement and collaboration** 

**Co-construct findings** 

**Reciprocal relationships** 

### Other Examples Available upon Request



#### Doya Natsu Healing Center

Spotted Bull Recovery Resource Center



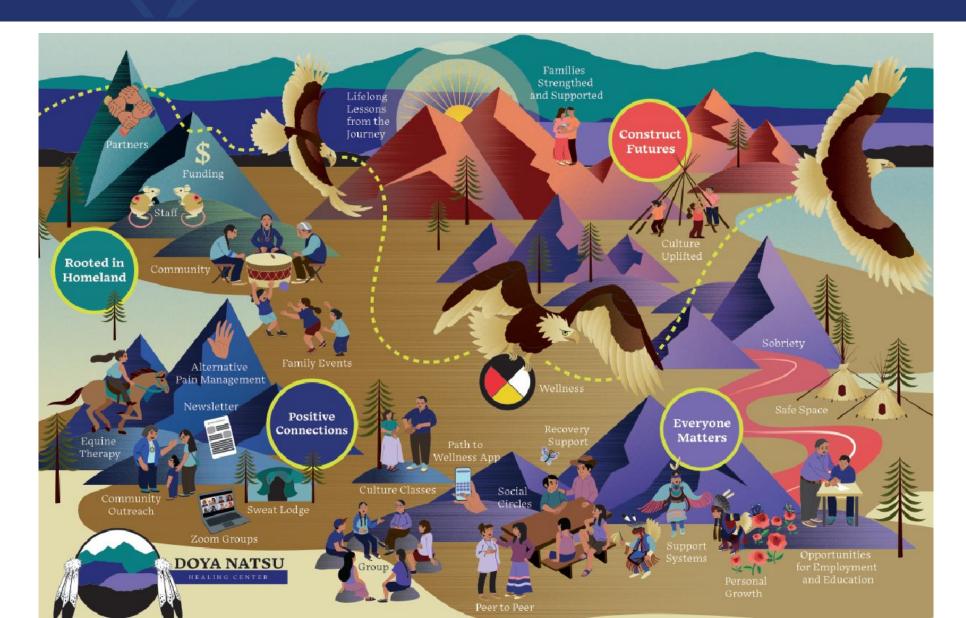


Pueblo of Pojoaque Behavioral Health

California Rural Indian Health Board



# Doya Natsu Healing Center Visual Story



# Pueblo of Pojoaque Behavioral Health

